

**Family Table Talk Guide**  
**Peace, Perfect Peace**  
**April 8, 2018**

This week we want to mix up our table groups just a bit. Assignments will be made with that in mind, so make an effort to get to know anyone at your table who you don't know or don't know well. As always, encourage everyone at your table to participate in the discussion and enjoy your time together tonight!

**Selected Readings:**

Mark 4:35-41; Philippians 4:4-7; Psalm 122:6-9

Icebreaker Question: Can you think of a *funny* time when you have experienced great chaos or turmoil in your family... and share?

Question #1: Who in your family is good at keeping calm in chaotic or stressful situations?

Question #2: If you had been one of the disciples in the boat, what would YOU have done? (Jumped overboard? Screamed for help? Started bailing water? Scribbled your last wishes on a piece of wood? Woken Jesus up?)

Question #3: What do you think the disciples expected when they decided to wake Jesus up?

Question #4: What sorts of things create chaos in your family or disturb the 'peace' of your home? Be honest and discuss.

**Read and Respond:** Read Philippians 4:4-7

Discuss: Paul was in house arrest in Rome when he wrote this letter. How is it possible to have peace in the midst of difficult circumstances or even times of great chaos?

What can we learn from these difficult times that could increase the peace we feel in other times?

Question #6: Name one thing you will intentionally do this week to foster 'peace' in your family?

**Pray:** Take prayer requests at your table, pray for our families going through times of sorrow right now and close by reading Psalm 122:6-9 (from the screen) together.